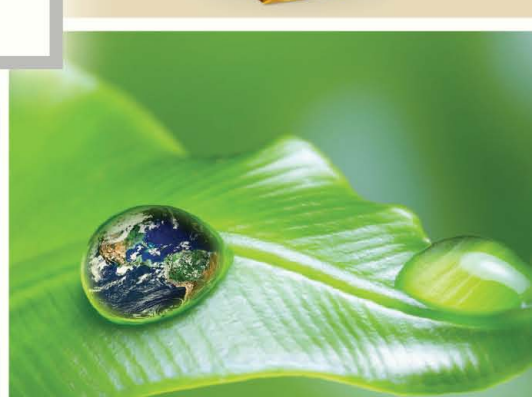
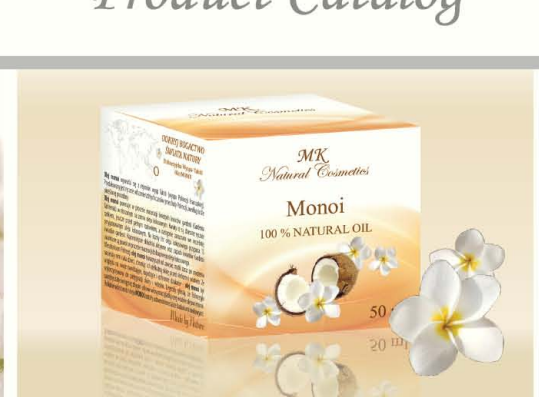




*MK
Natural Cosmetics*
Our inspiration is the nature
Product Catalog



About us

MK Natural Cosmetics originated as a combination of passion for nature, caring about health and the need to provide natural conditioning for the skin. We are a Polish family company located in the Olsztyn Technology and Science Park (Technology Transfer Centre), where our biotechnological laboratory works on natural cosmetics. Cooperating with scientific and research institutions we combine nature, passion and science to give You natural cosmetics products which will provide healthy and skin-friendly care.

It is our aim to discover the wealth of nature and acquaint our Clients with its rich resources. Components that we never use include:

- ✓ *parabens*
- ✓ *Sodium Lauryl Sulphate (SLS)*
- ✓ *Sodium Laureth Sulphate (SLES)*
- ✓ *Petrolatum/Mineral Oils/Paraffin*
- ✓ *Polyethylene Glycol (PEG)*
- ✓ *silicones*
- ✓ *components of animal origin*
- ✓ *other unnecessary thickening components*
- ✓ *as well as stabilising components*

We do our best in order for our products to improve your health, vitality and inner harmony, establishing skin balance.

Marzena Kaszubska
Owner and founder of the brand

All our products meet the requirements for cosmetic products under the Polish Act on cosmetic products of 30 March 2001 and the Regulation (EC) No 1223/2009 of the European Parliament and of the Council on cosmetic products, and are listed in CPNP.

Man is an immanent element of nature. It is nature that provides us with all the necessary components to enjoy beautiful and healthy skin. Discovering and appreciating the value, wisdom, wealth and beauty of nature, we were inspired to create our brand of cosmetics.

Our products are based on the most valuable and the safest components, which ensures comprehensive, skin-friendly and natural care. We do not use synthetic substances which are harmful to the skin and our planet.

We treat nature as our best friend. We take from it, but we do not harm it. Nature constitutes our living environment and that is why we employ it in a way that does not disturb its balance or deplete its resources. We never use animal testing methods. We never use any substances which were obtained as a result of death or suffering of any animal.

Designing our cosmetics, we make it our priority to produce them as safe as possible. Thus all the components must be 100% tested and 100% safe.

MK Natural Cosmetics are produced in a way that facilitates their pleasurable application, so they are absorbed easily, they have a delicate smell and perfect texture. They wonderfully improve your health and vitality, making the skin beautiful and healthy.

Be naturally beautiful





Plant stem cells stimulate skin renewal as well as collagen and elastin production.



Low molecular weight hyaluronic acid penetrates the deepest layer of the skin. Improves its smoothness and elasticity.



Avocado oil is highly regarded for high content of vitamins E, H, K, PP, F, pro-vitamin A. Nourishes the skin and reduces water evaporation.



Annatto oil contains large amounts of unsaturated fatty acids and beta-carotene. Soothes and softens the skin. Effective antioxidant and protective factor from the damaging effect of free radicals. Slows down the aging process and prevents wrinkles.



Argan oil is a rich source of vitamin E called the vitamin of youth. Contains essential fatty acids, vitamin F and plant sterols. Demonstrates effective anti-aging operation.



Macadamia oil contains a pro-vitamin A, group B vitamins, phenols, citinin and minerals. Promotes cell regeneration. Protects against harmful effect of free radicals.



Coconut oil reveals hydrating and smoothing effect on the skin. The high content of fatty acids, vitamins and minerals nourishes the skin. Protects the skin from free radicals.



Sunflower oil strengthens the natural protective barrier of the skin, softens and regenerates epidermis. Possesses antioxidant and anti-inflammatory properties.



NIGHT CREAM - easily absorbed, gives the feeling of lightness, perfect under make-up.



NIGHT CREAM – the effect of deep absorption is ensured by comprehensive and complementary action of active ingredients. Perfectly regenerates and nourishes the skin during rest. Recommended to be used on cleansed face and neck regularly before bedtime.

Natural Cell Renewal HYPOALLERGENIC CREAM

Natural Cream with stem cells, low molecular weight hyaluronic acid and the complex of 6 vegetable oils. Natural skin care for all skin types including sensitive and allergy-prone skin. Recommended for age 40+ Capacity 50 ml

Active plant ingredients of the cream penetrate deep into the skin and result in:

- improvement of skin tension,
- restoration of firmness and elasticity of the epidermis,
- increase in skin hydration,
- reduction in the depth of wrinkles,
- recovery of stem cells in the dermis,
- boost in skin vitality,
- overall natural rejuvenation of the skin.



Natural Regenerating and Nourishing Cream HYPOALLERGENIC CREAM

Contains plant collagen, vitamins E & C and 3 oils: jojoba, avocado and argan.

Capacity 50 ml.

For day/night.

Recommended for all skin types, including sensitive skin prone to allergies

Recommended for age 30+



Avocado oil – stimulates collagen synthesis and restores the protective lipid layer, curbing excessive loss of moisture. Exhibits anti-inflammatory and soothing effect.



Jojoba oil – nourishes, softens, moisturizes and gently oils the skin.



Argan oil – has antioxidant properties due to the high content of vitamin E. It maintains proper hydration, elasticity and stimulates cell renewal.

Natural regenerating-nourishing cream – contains natural active plant ingredients with selected properties to the utmost advantage of their beneficial effects on our skin. It ensures comprehensive and safe skin care.

Active plant ingredients contained in the cream penetrate deep into the skin and consequently:

- the skin becomes smooth, reinforced and regains vitality,
- the wrinkles get smoother and reduced,
- the skin regains firmness and elasticity,
- the degree of hydration of the skin is improved.



Hyaluronic Acid

- revolution in moisturizing

Hyaluronic acid is a substance which is naturally found in our bodies in the form of sodium hyaluronate. More than half of it is in the skin and intercellular space. It is responsible there for the right level of moisture in the skin as well as its elasticity and smoothness. With age, its content in the dermis decreases, and thus the skin is less firm and elastic. When we apply sodium hyaluronate directly onto the skin, its content there increases, and it moisturizes and smoothens the skin. It has an anti-wrinkle impact and stimulates cells to regenerate.

The complex of three different hyaluronic acids exercises the most beneficial effect, as they work complementarily:

- **macromolecular acid** constitutes a protective layer on the skin, which decreases water evaporation from the inner skin layers. Thus the skin is perfectly moisturized both on the outside as well as from the inside, and water does not evaporate from the stratum corneum of the epidermis,
- **micromolecular acid** penetrates deeper layers of the epidermis, moisturizing them and facilitating transportation of active substances,
- **super low molecular weight acid** increases the level of moisture inside the skin.

Hyaluronic acid should be applied first, and followed by oil, cream or serum.



That is why it is worth using natural plant oils which:

- ✓ are easily absorbed by the skin, as they contain a lot of building molecules similar to those of our skin
- ✓ are delicate to the skin
- ✓ nourish the skin
- ✓ do not contain chemical substances which burden.





DISCOVER THE WEALETH OF NATURE Amazonia - *INCA INCHI*



Inca Inchi oil is extracted from cold pressed *Plukenetia Volibilis*, known as *Sacha Inchi*, a Peruvian plant which grows in the Amazonian rainforest. **Inca Inchi** oil has been known and used in Peru for thousands of years. The characteristic star-shaped seeds of *Sacha Inchi* were found in the ceramics from the ancient Incas' tombs. The knowledge about the applications of this plant was carefully guarded and passed from generation to generation. **Inca Inchi oil** is a plant elixir of life which makes it possible to maintain health and harmony of the body.

Inca Inchi Oil

Capacity 30 ml.

Scientific research has shown that *Sacha Inchi* seeds are among the most valuable oleaginous seeds. Wonderful properties of their oil come from the variety of EFAs, tocopherols and proteins, and their balanced content. It has been proven that EFAs in the skin considerably decrease water evaporation and rebuild the skin's natural barrier. The cosmetic qualities of **Inca Inchi oil** include:

- repairing damaged skin tissues as it is one of the best skin regenerators,
- increasing the elasticity of the skin through collagen regeneration,
- preventing pigmentation marks and balancing the skin tone,
- rebuilding the optimal moisture level and nourishment of the skin,
- protecting skin cells' DNA and slowing down the aging process, as tocopherols which the oil contains (**Vit. E**) have a strong anti-radical effect,
- regenerating dry and damaged hair.





DISCOVER THE WAELTH OF NATURE the south of the Mediterranean Sea - *CRAMBE ABYSSINICA*



Abyssinian oil is extracted from the seeds of an annual oleaginous plant *Crambe abyssinica*, which naturally grows in the Mediterranean Sea region and eastern Africa, especially in Abyssinia (today's Ethiopia). This unique oil has been known for hundreds of years and is now being discovered anew due to its conditioning properties.

Abyssinian Oil

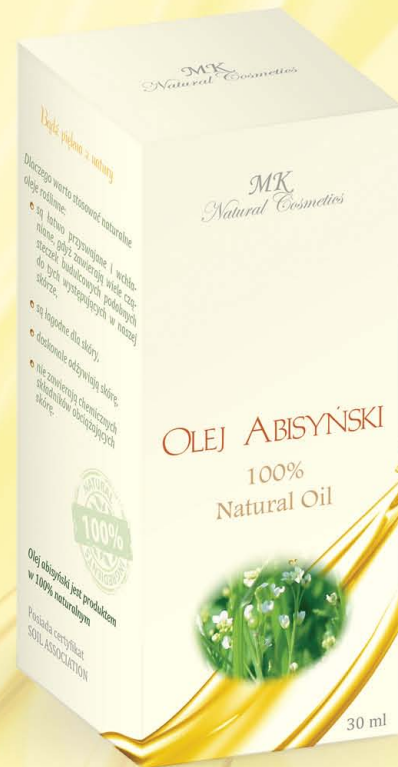
Capacity 30 ml.

Abyssinian oil is used in conditioning cosmetic products to make them more easily absorbed, spread more smoothly and moisturize even the driest skin. It is also used as an effective anti-wrinkle component which reduces the marks of aging. Extraordinary conditioning properties of **Abyssinian oil** result from its exceptionally high content of long-chain EFAs, with a considerable amount of erucic acid; at the same time the content of saturated fatty acids is relatively low. Hence **Abyssinian oil** remains extremely light and does not leave the feeling of greasiness after application.

Not present in other oils, the EFAs makeup provides Abyssinian oil with exceptional conditioning qualities, as it:

- balances the skin tone,
- reduces pigmentation marks,
- protects the skin against external factors and water evaporation thanks to a micro-biofilm it creates over the skin,
- nourishes the skin and makes it smooth and radiant,
- visibly reduces even deep wrinkles.

Abyssinian oil should be applied directly onto the face, as well as hands, nails and hair. A few drops of the oil should be applied on the face, neck and cleavage skin and massaged lightly until absorbed.





DISCOVER THE WEALTH OF NATURE Morocco - Argan Tree



Argan oil is extracted from cold pressed seeds of the argan tree (*Argania Spinosa*), called a tree of life by the local people, the Berbers. It grows in the ecologically clean part of Morocco, in the area which was registered in 1998 as a UNESCO biosphere reserve. *Argan tree* live for 450 years, that is why it was believed that oil from their fruit is a plant elixir of life and youth which helps maintain our organism healthy and harmonious.

As **argan oil** is golden in colour, it has been called the “**gold of Morocco**” and for centuries it has been traded in the region of the Mediterranean Sea as oil with special qualities, both nutritious and cosmetic. The makeup of argan oil is varied and unique, thus it can be widely applied in skincare and it earned the name of “**BIO elixir of youth from Morocco**.”

Argan Oil Capacity 30 ml.

High content of **Vitamin E**, phenol compounds and carotenoids make argan oil an antioxidant used to fight aging processes in the skin. The antioxidative properties of **argan oil** active substances protect the cells' DNA, which leads to their increased regeneration and rejuvenation abilities. At the same time, **EFA**s and squalene help maintain the protective hydro-lipid barrier of the skin, which in turn helps stop water evaporation. Hence the skin is perfectly moisturized, elastic and smooth. Obviously, this also makes wrinkles less visible.

Argan oil should be applied directly onto the face, hands, nails and hair.





DISCOVER THE WEALTH OF NATURE

South America, North America, Australia,
Africa – *Jojoba*



Jojoba oil is extracted from cold pressed seeds of an evergreen *jojoba bush* which grows in the deserts of Arizona, California, Mexico, Australia, New Zealand, and Spain. *Jojoba* has low dense bushes which are well adapted to arid and semi-arid conditions. The beneficial qualities of **jojoba oil** have been known for ages. The Apaches knew the jojoba bush under the name “hohowi.” They used cold pressed jojoba seeds to smoothen their skin, heal wounds, and increase hair growth.

As a result of its exceptional conditioning qualities and yellow colour, jojoba oil is sometimes cold **“liquid gold.”**

Jojoba Oil

Capacity 30 ml.

In its makeup, it is similar to sebum, a substance excreted by human skin. If the skin is dry and produces to little sebum, **jojoba oil** regulates the amount of excreted sebum and prevents drying of the skin, moisturising and nourishing it at the same time. If the skin is oily, which means it produces too much sebum, jojoba oil impedes its excretion. It is very well absorbed by the skin, it does not block pores and cause comedos. Additionally, it strengthens the intercellular cement layer, which helps keep the natural protective layers of the skin.

Jojoba oil is rich in EFAs, phytosterols, squalene and **Vitamins E** and **F**; thanks to such makeup it has unique cosmetic qualities:

- greases and moisturizes the skin, repairing its biological functions,
- makes the skin less sensitive to external factors and irritation,
- quickens regeneration and diminishes wrinkles.

Jojoba oil should be applied directly onto the face, hands, nails and hair.





DISCOVER THE WEALTH OF NATURE Islands of the Pacific, southern Asia, Africa – **TAMANU**



Tamanu oil is extracted from cold pressed seeds of fruit from **tamanu tree** (*Calophyllum Inophyllum*), which grows in Africa, southern Asia and the Pacific islands. The first information about unique properties of the oil came from Polynesia, where the local people treated the **tamanu tree** as a holy gift from nature. They used different parts of the tree, applying them both on the body as well as internally, as a natural medicine in many diseases. The properties of **tamanu oil** were described not only in folklore traditions but they have also been confirmed in numerous scientific studies.

Tamanu Oil

Capacity 30 ml.

The properties of **tamanu oil** result from the content of untypical chemical compounds characteristic only for this oil. The main active substances include **natural flavonoids**, which have natural healing, anti-swelling, anti-inflammatory, anti-bacteria and antibiotic effect. **Tamanu oil** is a rich source of **EFAs**, mainly linoleic and oleic acids. It also contains phytosterols, which - similarly to EFAs - have anti-inflammatory and regenerating effect; they strengthen the skin's lipid barrier and maintain the right level of moisture.

Additionally, **tamanu oil**:

- has anti-inflammatory, antibacterial and antifungal properties,
- enhances tissue regeneration,
- relieves skin inflammation,
- facilitates healing of eczema,
- reduces post-acne scars,
- has antioxidative effect.

Tamanu oil is recommended especially in caring for oily, acne, combination, mature, damaged and problematic skin. It is best applied in an undiluted form directly onto the spots which require treatment, such as eczema, swellings and scars. Otherwise, it can be applied as 50% solution in other oils.





DISCOVER THE WEALTH OF NATURE the Polynesian island of Tahiti – MONOI oil



Monoi oil comes from the region of Tahiti (an Island of French Polynesia). For ages it has been hand-manufactured by Polynesian peoples in line with a strictly followed procedure.

Monoi oil is made soaking fresh **gardenia petals** (of *Gardenia Tahitensis*) in cold pressed coconut oil. The flowers are handpicked in the early morning, before they are in full bloom, and then soaked in coconut oil prepared beforehand. There are 15 gardenia flowers per 1 liter of coconut oil. In the process of soaking, the most precious active substances and the fragrance of Gardenia are slowly released into the base coconut oil.

Monoi Oil

Capacity 50 ml.

The people of Polynesia have always been using **monoi oil**. Right after giving birth to their children, mothers rubbed them with the oil, which was to protect the delicate skin against sun beams and wind. Thanks to its moisturizing, soothing and protective properties monoi oil has been used to take care of skin and hair. Legend has it that Polynesian women owe their thick long healthy hair and smooth skin to this oil.

The unique qualities of monoi oil have been scientifically proved.

As a result of its beneficial qualities, monoi oil is applied for a number of cosmetic purposes:

- It can be used as face cream. Thanks to vitamin E, it has antioxidative properties. It also makes the skin moisturized, elastic and smooth.
- It can be used as body balm and massage oil. When applied as balm, it should be just rubbed into wet skin right after having a bath. Then the skin is wonderfully moisturized and velvet smooth, and it has a subtle nice smell.
- It regenerates dry and damaged hair as lauric acid from the base coconut oil penetrates into hair.

It is enough to rub monoi oil into hair, leave it for 2 hours and then wash with shampoo.

- Gardenia flowers have purifying, soothing and anti-inflammatory properties.
 - Monoi oil protects skin against detrimental effect of sun beams, wind and water.
- Monoi oil should be applied directly onto face, body and hair.



**100% NATURAL SOAP
HYPOALLERGENIC
WITH NO ADDITIVES**
100 g



100% natural soaps are produced in line with a traditional recipe, with the use of natural components without any chemical additives, such as: preservatives, bleaches, fragrances, synthetic moisturizing substances. They are ideal for daily skincare. They delicately wash and condition the skin, but they do not irritate it.

**100% NATURAL SOAP
FOR CHILDREN**
100 g



100% natural soaps are produced in line with a traditional recipe, with the use of natural components without any chemical additives, such as: preservatives, bleaches, fragrances, synthetic moisturizing substances. They are ideal for daily skincare. They delicately wash and condition the skin, but they do not irritate it.

**100% NATURAL SOAP
WITH DEAD SEA MUD**
100 g



100% natural soaps are produced in line with a traditional recipe, with the use of natural components without any chemical additives, such as: preservatives, bleaches, fragrances, synthetic moisturizing substances. They are ideal for daily skincare. They delicately wash and condition the skin, but they do not irritate it.

**100% NATURAL SOAP
WITH PELOID**
100 g



100% natural soaps are produced in line with a traditional recipe, with the use of natural components without any chemical additives, such as: preservatives, bleaches, fragrances, synthetic moisturizing substances. They are ideal for daily skincare. They delicately wash and condition the skin, but they do not irritate it.

**100% NATURAL SOAP
WITH PELOID AND AMBER**

100 g



100% natural soaps are produced in line with a traditional recipe, with the use of natural components without any chemical additives, such as: preservatives, bleaches, fragrances, synthetic moisturizing substances. They are ideal for daily skincare. They delicately wash and condition the skin, but they do not irritate it.

**100% NATURAL SOAP
WITH PELOID AND COFFEE**

100 g



100% natural soaps are produced in line with a traditional recipe, with the use of natural components without any chemical additives, such as: preservatives, bleaches, fragrances, synthetic moisturizing substances. They are ideal for daily skincare. They delicately wash and condition the skin, but they do not irritate it.

**100% NATURAL SOAP
WITH AMBER**

100 g



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**100% NATURAL SOAP
WITH BEESWAX**

100 g



100% natural soaps are produced in line with a traditional recipe, with the use of natural components without any chemical additives, such as: preservatives, bleaches, fragrances, synthetic moisturizing substances. They are ideal for daily skincare. They delicately wash and condition the skin, but they do not irritate it.

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