

tranquileyes™

Tranquileyes Comfort Systems for Rest, Sleep and Air Travel.

Thermoeyes Beads™

3 Easy Steps to Proven Dry Eye Relief

Heat in microwave, insert into tranquileyes goggle and wear.

Enjoy repeated 15 -18 minute warm compresses. Or, place thermoeyes Beads in freezer for 15 minute cold compresses. Finding relief has never been so easy. Thermoeyes Beads are non-toxic, made from glycerin and water. Each gel pack will provide approximately 50 heat treatments.



Tranquileyes Moist Heat Therapy with thermoeyes Beads soothes Dry Eyes.

For use at night during sleep or as a treatment, the soft, flexible foam padded tranquileyes goggle comfortably seals and shelters the eyes from drafts while creating complete darkness. Heat, created by the reusable thermoeyes Beads are combined with warm water and tucked into the goggle, providing 15-18 minute warm compresses. The extended heat stimulates and loosens oils in the meibomian glands required to slow the evaporation of natural tears. These glands can be clogged due to make-up, our physical aging, lifestyle and environment. If clogged, the oils can't release and our natural tears evaporate too quickly leaving eyes dehydrated. Tranquileyes Moist Heat therapy with thermoeyes Beads brings relief to Dry Eye.

Tranquileyes and thermoeyes Beads can also be used to create 15 minute cold therapies to help reduce symptoms of eye allergies and lid puffiness. The results are clear, comfortable eyes that you can see and feel.



Patent Pending • Made in USA • International distributor contact info@apac21.com www.apac21.com



Directions for using thermoeyes Beads™:

Moist Heat Therapy: For Dry Eye relief, improve overall eye comfort, minimize signs of aging.

- Step 1 Remove thick black foam inserts from back of tranquileyes goggle (used for sleep only).
- Step 2 Slip thermoeyes bead gel packs into enclosed foam sleeves.
- Step 3 Place sleeves and gel packs in one cup of water.
- Step 4 Place water in microwave and heat for 1 minute on high.
- Step 5 Remove cup of water and let stand for 1 minute.
- Step 6 After one minute, carefully remove gel packs from water. (If gel pack is too hot to the touch, let stand for another 30 seconds).
- Step 7 Squeeze excess moisture from foam and insert foam and gel pack into tranquileyes goggle. Be sure gel packs are not too hot to the touch.
- Step 8 Place goggles up to face and secure with head wrap.

For best results, wear goggle for a minimum of 15 minutes. Repeat as needed or as directed by eye doctor.

Instructions for Cold therapy: Reduce puffiness, inflammation, soothe eye allergies.

- Step 1 Slip thermoeyes bead gel pack into foam sleeve.
- Step 2 Dip foam and gel pack in water.
- Step 3 Place moistened foam and gel pack into self sealing plastic bag.
- Step 4 Place bag in freezer for one hour.
- Step 5 Remove foam and gel pack and place into back of tranquileyes goggle.
- Step 6 Place tranquileyes goggles over eyes and secure with head wrap.
Wear a minimum of 15 minutes. Repeat as necessary.

WARNINGS:

1. DO NOT BOIL GEL PACKS.
2. MICROWAVES VARY. BE SURE FOAM AND GEL PACK ARE NOT HOT TO THE TOUCH BEFORE PLACING OVER EYES. If you can't touch the gel pack comfortably with your fingers, do not place it on the eyelid.
3. DO NOT PLACE BEAD GEL PACK DIRECTLY ON EYELID. ALWAYS USE GEL PACK WITH ENCLOSED FOAM SLEEVE.
4. CONSULT EYE DOCTOR PRIOR TO USE.
5. DISCONTINUE USE IF YOU EXPERIENCE ANY EYE IRRITATIONS.

Handling and Care

Hand wash foam sleeves and gel packs with mild anti-bacterial soap and rinse well with warm water before or after each use. Foam should be replaced after 100 uses. Store in cool place. Replace gel packs as needed. Latex free.

